

## THE BASICS - WEEK 1

Follow the tables below with your new puppy/ new dog – The highlighted boxes show you which socialisation exercise to do each day in the first week.

Keep each exercise very short, do each exercise with your puppy by gently encouraging them. Never force a puppy to do anything, never shout or tell off if your puppy is not doing an exercise. These charts are only a guide, some puppies may need to do less on each day and some may advance quickly and you can add more.

Gentle Handling	Mon	Tues	Wed	Thurs	Fri	Sat	Sun
Head and Ears							
Paws and Legs							
Groom with a soft brush							
Put a collar on							
Put the car harness on			- (K				
Put lead on		4	_		1		
Mouth area		1					

Objects to play with	Mon	Tues	Wed	Thurs	Fri	Sat	Sun
Cardboard box						17	
Treat ball						/ [	
Large stuffed toy							
Empty plastic bottle							
Squeaky toy							
Hide under a blanket with							
you							
Hard biscuit							



Smells	Mon	Tues	Wed	Thurs	Fri	Sat	Sun
Kitchen/Household							
Cats							
Other pets you have							
Vets							
People – see below							
Each room puppy will use							
Boot of car/ or back seat							



## Puppy Socialisation Plan

Poople	Mon	Tuog	Wed	Thura	Fri	Cnt	Cun
People	Mon	Tues	wea	Thurs	ΓΠ	Sat	Sun
Held by you							
Held by another adult in							
family							
Sit on lap of child in family							
Sit on lap of different child in							
family / close friend							
Held by people who will			-	- /-			
come into contact with		-	6 4				
рирру			- (81	-0	1		
Held by vet		4	\		-		
Add people who puppy will					1		
see – postman / regular			1				1100
visitors					- A		7 X
Add person					7	1	
Add person				N		17	
Add person			1			/ [.	

Try and introduce your puppy to the above people, tick when you have completed one of the 'people meetings'. If your puppy is confident when you are close, you can stay near when someone else is holding/stroking the puppy. As your puppy becomes more confident being held by others you can move away.

Make sure that people are holding in the correct way so as not to hurt the puppy.

If the puppy does not like being held, start by getting others to stroke the puppy and maybe play a little game – when the puppy is confident doing this then they can start holding the puppy. In the first weeks, keep these introductions short; do not have too many people crowd round the puppy as this can be very scary for them.